

Monday



Organic Pork Meatballs (G.S.U.)

or



(v) Quorn Korma (very mild) (M.D.E.)

Every day choose from:

or



(v) Jacket Potato with Cheese (D.)

or



Jacket Potato with Tuna Mayonnaise (D.E.M.F.)

or



(v) Jacket Potato with Cheese and Beans (D.)



(v) Cheddar Cheese Soft Bap (G.D.) Fruity Flapjack (G.), Juice Carton

or



British Roast Chicken Wrap (G.), Homemade Sponge (G.E.), Fresh Fruit, Milkshake (D.)

or



Ham Soft Bap (G.), Ice Cream Tub (D.), Juice Carton

or



Tuna Mayonnaise Sandwich (F.E.G.SB.), Carrot and Orange Cookie (G.), Fresh Fruit, Juice Carton

or



(v) Cheddar Cheese Soft Bap (G.D.), Vanilla Krispy Bar (G.), Juice Carton

Tuesday



Pasta with Peas and Bacon (G.D.)

or



(v) Pizza Fillet – Quorn topped with pizza sauce and melted cheese (D.E.)

Wednesday



Roast Beef in Gravy

or



(v) Broccoli and Sweetcorn Pasta (G.D.)

Thursday



Chicken Pie (D.G.)

or



(v) Sticky BBQ Veggie Sausages (G.SB.S.)

Friday



Breaded Pollock Fillet (F.SB.)

or



(v) Quorn Nuggets (G.D.E.)

Week 3 Dessert Menu

Every day we offer:

(v) Yeo Valley organic yoghurt, (D.) or fresh fruit as alternative dessert options

Monday

(v,h) Homemade Fruity Flapjack (G.)

Tuesday

(v,h) Homemade Sponge with Fruit in Juice (E.G.)

Wednesday

(v,h) Homemade Jam Tart (G.) with Custard (D.)
(v) Ice Cream Tub (D.)

Thursday

(v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)
(v,h) Homemade Carrot and Orange Cookie (G.)

Friday

(v,h) Homemade Vanilla Krispy Bar (G.)
(v) Ice Cream Tub (D.)

PLEASE NOTE All Deli Bags are served with either Vegetable Sticks or Salad

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

Key

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

